

Eagle Cycling Club

March 2018 Newsletter

Cherry Pie Issue



The Eagle Cycling Club

provides local cyclists with a variety of riding experiences. Our members can be seen on the road, in the hills, on tandems, and pulling kids along in trailers.

eaglecyclingclub.org

Inside This Issue:
From the Pres.—Pg 2-3
Cherry Pie Pg 3-4
Ride Schedule—Pg 5-6
Tour of Napa—Pg 7
Jersey—Pg 8

Cover Photo: Jrs. Race
Cherry Pie Crit by
Nancy Tracy

Pictures and articles for the newsletter are welcome! Please submit them to anothergarcia@gmail.com before the end of the month.



Our next meeting: Monday March 12th at 7pm, Downtown Joes

Stop by at 6:30 for some social time!

43rd Cherry Pie Criterium

From our President:

Twenty five of your fellow Eagles produced a hugely successful 43rd Cherry Pie Criterium yesterday. Spirits were high among both Eagles and contestants, despite the extreme cold temperature. All the Eagles seemed to really enjoy working together to pull it off successfully.

We had over 300 starts (some rode multiple races) by riders ranging in age from 11 to 55+, who came from near and far. I talked to several parent/children pairs racing in different categories while other parents were along to support their kids. Our race is special since most don't include junior events. We received many warm thanks from all categories of riders for providing another quality racing event.

We were fortunate to have Felix Riesenbergs as our leader. He provided guidance and advice, seeming to be everywhere solving problems and keeping things running smoothly. This event was on "death's door" just a few months ago so Felix came up with a new approach, using outside partners to reduce the number of volunteers needed (reduced by about 1/3). He made other changes to "refresh" the event that completely turned it around. His own racing experience and credibility was evident as he visited with the racers as our personal ambassador, discussing their strategy and equipment.

Genny Fox reported that our total revenue more than doubled to \$9,000 while expenses were only up about 10%. Once all the numbers are in, we should have about \$3,000 to add to our donation fund for local organizations. This is a great start to our budget year and a harbinger of success to come with the Tour of Napa Valley.

I personally learned some new lingo like "Preems" and "Podiums" and saw some fantastic \$5-10K+ bikes. But Felix spotted a rider who had just won riding a 1985 steel bike, and complimented her for winning with the additional frame weight her competition didn't have. She said she preferred steel bikes because "they don't come apart when I crash" !!

It was a great day for all concerned. Many thanks to Felix and the entire team for representing our club so well.

Photos by Nancy Tracy—Comments by Andre Garcia



It was a beautiful day!



It takes a dedicated group to put this race on every year! Thank you to the Volunteers!





The Cherry Pie Criterium is still a very important race. My personal opinion is that it is a value to the club in fostering young riders to come enjoy our sport. If you are interested in helping put on the Cherry Pie email me or Felix. My email is anothergarcia@gmail.com



I need content for the newsletter, please send me pictures from your rides, fun activities that you did, or any questions about cycling in the area.

Ride Schedule

This schedule tries to capture all regular rides happening in or around Napa, regardless of who leads or sponsors them. Not all of the rides on the schedule are led or sponsored by the Eagle Cycling Club.

Eagle Cycling Club rides are rated by the pace, terrain, and mileage range as follows:

Pace: (1) Easy (8-12-MPH) (2) Moderate (12-15 MPH) (3) fast (16+ MPH)

Terrain: (A) Mostly flat (B) Rolling (C) Some hills (D) Hilly (E) Mountains

For example, a ride described as 1/A/15-25 would be a ride at an easy (1) pace, on a mostly flat (A) course, for 15-25 miles. A ride described as 2/C-D/40-60 would be a ride at a moderate (2) pace, on a course with hills (C) that might be steep or sustained (D), for 40-60 miles. For a full description of the ratings, download the [Ride Classifications Document](#).

Eagle Cycling Club Rides

Saturdays

9:00 a.m. Variable route

Variable route with a monthly set rotation. Meet at 9:00 a.m. at Browns Valley Market, 3263 Browns Valley Rd. For more info contact Doug Pettie at [415-747-6965](tel:415-747-6965) or dap1000000@aol.com.

1st Sat: Carneros Loop, 2-B-25

2nd Sat: Avenues Loop, 2-B-30

3rd Sat: Dry Creek Rd, 2-C/D-25/45

4th Sat: Dead End Ride, 2-B/C/D-20/45

5th Sat: Special Ride outside Napa, 2-C/D-40/60 (carpool from the market)

Sundays

10:00 a.m. Variable route, 2/C-E/30-60.

Now the only ECC Sunday ride. Variable route. May be significant climbing. Meet at Bicycle Works, 3335 Solano Avenue. No drop policy, frequent regrouping. Actual ride time varies with ride mileage. For more information contact Jim Fitch/Genny Fox [707-226-5038](tel:707-226-5038).

Tuesdays

10:00 a.m. Variable route, 3/A-E/40-50

Meet in the parking lot by the Ranch Market at the corner of Wine Country Ave and Solano Ave at 9:00 a.m. The ride will be 40-50 miles at an average speed of 18-21 mph.

For more information contact Ron Lemos at [707-294-2796](tel:707-294-2796).



Wednesdays**8:30 a.m. SHARP!** Carneros loop, 1-2/B/20.

A leisurely two hour ride in the Carneros district. No drop policy. We regroup regularly, and usually takes a group photo at the “Pigs 4 Sale” sign. Meet at Dwight Murray Plaza, at the infamous missing clock tower, on First between Main and Coombs. Refreshments at the Model Bakery afterwards. Rain cancels. For more information, call Bob Hillhouse at 707-253-7000 or 707-252-1246.

5:00 p.m. Mt. Veeder loop, 2-3/D/20.

The classic clockwise Mt. Veeder loop. Meet at the corner of Browns Valley Road and Redwood Road. Go over Mt. Veeder and return via Dry Creek Road. Optional return with the 6:00 p.m. counter-clockwise ride. No leader.

6:00 p.m. Variable Route, 2/D/20-25.

Usually a counter-clockwise Mt. Veeder loop, going out on Dry Creek Rd., and returning on Redwood Rd. Meet at Bicycle Works, 3335 Solano Avenue. Bring lights in the winter. During the winter and on rainy days, we will go on a less hilly ride (usually a Carneros loop). This is a no drop ride, for all levels. For more information, contact Dave Pruett at Bicycle Works, 707-253-7000.

Thursdays**10:00 a.m.** Variable route, 3/A-E/40-50

Meet in the parking lot by the Ranch Market at the corner of Wine Country Ave and Solano Ave at 9:00 a.m. The ride will be 40-50 miles at an average speed of 18-21 mph. For more information contact Ron Lemos at [707-294-2796](tel:707-294-2796).

5:30 p.m. Variable route, 2-A/D-20/30.

This ride meets at Bicycle Works. The route will be determined by the group and the distance will be between 20 to 30 miles. Great warm up for the longer weekend rides. Lights will be needed during the winter months. This is a no drop ride and rain cancels the ride. For more information, contact Espen Jensen at [707-315-5114](tel:707-315-5114) or espenjensen@mac.com.

Fridays**8:30 a.m.** Bike Friday, 1-2/A/10

Bike Friday is an easy, mostly flat ride to Yountville via Solano Avenue. There is a yak stop at the structure at the end of Solano Avenue in Yountville. Alternate routes are planned impromptu from there. Some ride up-valley, some return via Solano Avenue to Napa for coffee at Panera. The up-valley groups tend to ride a bit faster. Occasionally, a group will ride up to Hennessey and do the Lower Chiles Valley loop. Rain cancels. For more information, contact Doug Cleveland at 707-252-3985, or velobruin@att.net.



Link to [Eagle Cycling Club Ride Calendar](#)

Upcoming Centuries: For a list of the upcoming season's century rides, visit the following links:

<http://www.bbcnet.com/RideCalendar/default.aspx>

<http://www.bikecal.com/asp/century-result.asp>.

Ever wanted to lead a ride of your own?

Now you can! We are always looking for more ride leaders, particularly for slower-paced family fun rides. For more info on scheduling a new ride, contact Doug Pettie at dap1000000@aol.com.

The “Tour of Napa Valley” is alive!

On-line registration for the 42nd Annual Tour of Napa Valley begins on 3/01/18 on BikeReg. Your Board of Directors approved the recommendations of TNV Co-Chairs, Linda McFeely and Bob Frappia, at our meeting Monday night. They are implementing many new and exciting changes to make the TNV an even more “special event” for riders and volunteers alike. Linda and Bob have completed a “ton” of work in a short period of time. We are fortunate to have such a dedicated and talented leadership team for our signature event.

I encourage all club members to join in the production of this signature event for our club. Some leadership positions are open and many “day of” volunteer opportunities as well. For our newer members, this is a great way to learn about the Eagles heritage of service to the community. For more experienced members, an opportunity to participate in our “2018 TNV Mentor Program,” to teach less experienced members the “ropes” of the Tour for the future.

Please reach out to Linda and Bob if you would like to join in the production of the 2018 TNV. They can explain the open positions and answer all your questions.

Linda McFeely
lmcfely@ymail.com
(707) 815-0535

Bob Frappia
bfrappia@gmail.com
(707) 225-4406

You will meet new people, help our cycling community and have fun at the 42nd Annual Tour of Napa Valley, **Sunday, August 19, 2018.**



As always, ride safely, and happy cycling!



Incorporation of current eagle and brighter colors into entire jersey.
Additional cycling elements to be screened in place of new eagle on front of jersey.

It's time for another ECC club jersey order from Voler. The minimum order is 15. The 15 includes all jersey-like items, including short sleeve, long sleeve, sleeveless, jackets, windbreakers, vests. It does not include shorts, arm warmers, knee warmers, leg warmers, skinsuits, etc. If you're willing to commit to purchasing one or more jersey-like ECC club garments, please let me know, and let me know how many, at jfitch1086@gmail.com. Once we have commitments for the necessary 15 items, I'll get the order rolling. Ultimately, you will place your order directly with Voler. -Jim

****Picture above is what I found in my email, jersey could be slightly altered - Andre****

President: Chris Lougee
Vice President: Alex Innocent
Treasurer: Genny Fox
Secretary: Richard Pastcan
Co-Treasurer: Kelly Pepper
Webmaster: Nancy Tracy
Newsletter Editor: Andre Garcia
Ride Schedule Chair: Doug Pettie

Membership Chair: Bob Hillhouse
Skyline Park Representative:
 T.J. Perry
Tour of Napa Valley Director:
 Co-Chairs Linda McFeely, Bob Frappia
Cherry Pie Criterium Director:
 Felix Riesenberg

Eagle Cycling Club
 3335 Solano Avenue
 Napa, CA 94558

Email us at:
info@eaglecyclingclub.org

Or visit us online:
<http://eaglecyclingclub.org>