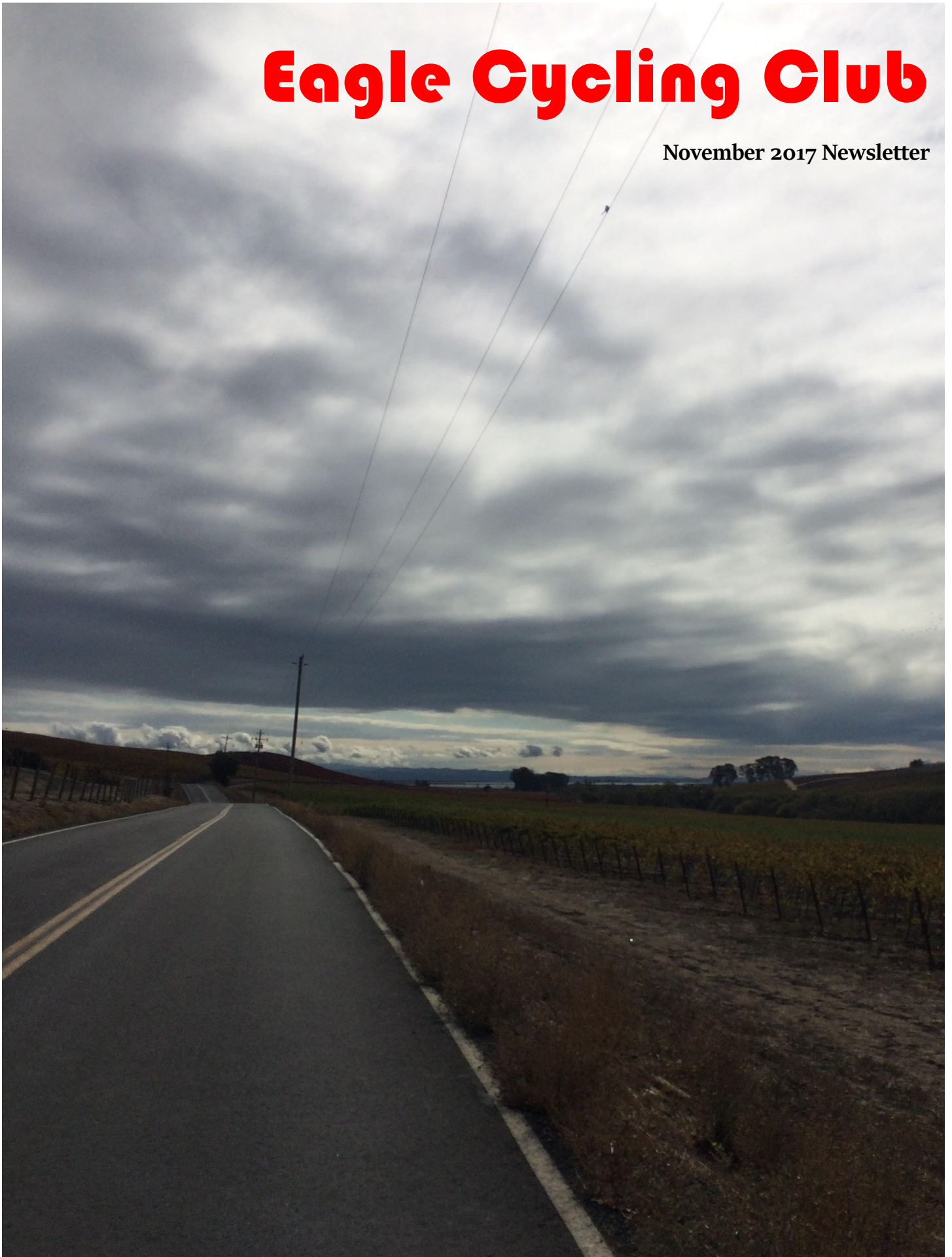


Eagle Cycling Club

November 2017 Newsletter





The Eagle Cycling Club

provides local cyclists with a variety of riding experiences. Our members can be seen on the road, in the hills, on tandems, and pulling kids along in trailers.

eaglecyclingclub.org

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Cover Photo: Duhig on a Fall Day by Andre Garcia

Pictures and articles for the newsletter are welcome! Please submit them to anothergarci@gmail.com before the end of the month.



Our next meeting: TUESDAY Nov 14th at 7pm, Downtown Joes

Wildfires

Fall is normally one of the most beautiful times of year here in the valley. But this October life was changed abruptly for everyone in the valley with the wildfires. Some of us were just inconvenienced by the fires, where others lost everything but the clothes on their backs. I personally was very lucky, I live in Browns Valley, and the fire was stopped by a group of volunteer bulldozer crew that stopped the fire at the crest. Now that the fires are contained, and the air is breathable again, it might be easy to move on with your life and get back to your routine.

I am writing this for those who were less lucky, or who are still dealing with the aftermath of the fires. Think of our neighbors who live up in the hills of our beautiful valley. I have started riding again, since the air has cleared up. Last week I rode up Dry Creek Rd. to the fire station, and I bumped into one of the fire chiefs. There was another cyclist there, and the three of us had a conversation about how the community is handling the fires, and what concerns there are for the winter. The other cyclist brought up that he had ridden over Veeder the week previous and had residents ask him to stay off the mountain for the time being. The fire chief confirmed this sentiment, saying there are still plenty of dangers from falling trees damaged by the fire. Residents on the mountain don't want to have to deal with gawkers while they try to either rebuild or count their blessings if their home was saved.

Here is my proposal for the club, and it is just a suggestion. Stay off the roads directly affected by the fire. My short list is Mt. Veeder, Redwood past the Hess Collection, Dry Creek Rd. over to Glen Ellen, Partrick near the end, Atlas Peak, and the Avenues., We are lucky to have so many great places to ride, that we can help our neighbors by giving them a little space. I have heard reports from friends who lost buildings that they are having people walk onto their property to take pictures of the destruction. This is just adding to their pain and stress. There is a part of me that wants to go gawk at the destruction, but I am trying to empathize with the victims of this disaster.

Be prepared for our country roads to be filled with even more construction vehicles, delivery trucks, and large equipment as people begin to rebuild. I am not suggesting we stay off the mountains forever, but we should be aware how these fires have changed our valley, and our regular routes. Be courteous, and stay safe!

Volunteer Bike Build Day



On Sunday November 5th, Napa Bike hosted a bike build. A group of awesome volunteers built up 60 bicycles to be donated to low income victims of the recent fires. Napa Bike will be working with local family services groups to find appropriate children to give one of these new bicycles to. Napa Bike runs Family Biking Workshops where they teach the children proper bicycle handling skills, and how to ride safely on the road with cars. At the end of the day the children go home with a new bike and helmet! I spent my shift there doublechecking the bikes the volunteers had assembled. It was a blast to see so many bikes being assembled, for such a great cause!

Karma Kits

In the past few months I have been lucky enough to get a few donations of food and money for the Karma Kits. So I decided to ride out to the KK at the end of Dry Creek Rd. to refill the basic necessities. I grabbed all of the tubes that were in the kit, to bring them home and check them for holes. I added two bags of food, mostly almond butter donated by the ALS ride. I also threw in a couple of new inner tubes. If you would like to help Karma Kits, I could use volunteers to ride out and check on the kits around the valley. I haven't made it out to the Ink Grade Karma Kit in over a year! Tell me what it has, and what it might need. You can email me at anothergarcia@gmail.com



Ride Schedule

This schedule tries to capture all regular rides happening in or around Napa, regardless of who leads or sponsors them. Not all of the rides on the schedule are led or sponsored by the Eagle Cycling Club.

Eagle Cycling Club rides are rated by the pace, terrain, and mileage range as follows:

Pace: (1) Easy (8-12-MPH) (2) Moderate (12-15 MPH) (3) fast (16+ MPH)

Terrain: (A) Mostly flat (B) Rolling (C) Some hills (D) Hilly (E) Mountains

For example, a ride described as 1/A/15-25 would be a ride at an easy (1) pace, on a mostly flat (A) course, for 15-25 miles. A ride described as 2/C-D/40-60 would be a ride at a moderate (2) pace, on a course with hills (C) that might be steep or sustained (D), for 40-60 miles. For a full description of the ratings, download the [Ride Classifications Document](#).

Eagle Cycling Club Rides

For more information contact Doug Pettie at [415-747-6965](tel:415-747-6965) or dap1000000@aol.com.

1st Sat: Carneros Loop, 2-B-25

2nd Sat: Avenues Loop, 2-B-30

3rd Sat: Dry Creek Rd, 2-C/D-25/45

4th Sat: Dead End Ride, 2-B/C/D-20/45

5th Sat: Special Ride outside Napa, 2-C/D-40/60 (carpool from the market)

Sundays

9:00 a.m. Variable route, 2/C-E/30-60.

Now the only ECC Sunday ride. Variable route. May be significant climbing.

Meet at Bicycle Works, 3335 Solano Avenue. No drop policy, frequent regrouping. Actual ride time varies with ride mileage. For more information contact Jim Fitch/Genny Fox [707-226-5038](tel:707-226-5038). On any Sunday also having a Velo Vino ride, the Sunday ride goes with the Velo Vino ride.

Tuesdays

9:00 a.m. Variable route, 3/A-E/40-50

Meet in the parking lot by the Ranch Market at the corner of Wine Country Ave and Solano Ave at 9:00 a.m. The ride will be 40-50 miles at an average speed of 18-21 mph. For more information contact Mark Lucas at [707-224-8873](tel:707-224-8873) or Ron Lemos at [707-294-2796](tel:707-294-2796).



3:00 p.m. Variable route, 2/B-C/20-40.

Training ride for the Eagle High School Cycling Club. Meet at 3:00 at the bicycle container near the Napa High School gym, roll at 3:30. This is a coached ride for high school age riders learning group riding skills. Experienced riders are more than welcome to attend as mentors. For more information, contact Ken Chapman at 707-299-9152.

Wednesdays

8:30 a.m. SHARP! Carneros loop, 1-2/B/20.

A leisurely two hour ride in the Carneros district. No drop policy. We regroup regularly, and usually takes a group photo at the “Pigs 4 Sale” sign. Meet at Dwight Murray Plaza, at the infamous missing clock tower, on First between Main and Coombs. Refreshments at the Model Bakery afterwards. Rain cancels. For more information, call Bob Hillhouse at 707-253-7000 or 707-252-1246.

3:00 p.m. Variable route, 2/B-C/30-60.

Training ride for the Eagle High School Cycling Club. Meet at 2:30 at the bicycle container near the Napa High School gym, roll at 3:00. This is a coached ride for high school age riders learning group riding skills. Experienced riders are more than welcome to attend as mentors. For more information, contact Ken Chapman at 707-299-9152.

5:00 p.m. Mt. Veeder loop, 2-3/D/20.

The classic clockwise Mt. Veeder loop. Meet at the corner of Browns Valley Road and Redwood Road. Go over Mt. Veeder and return via Dry Creek Road. Optional return with the 6:00 p.m. counter-clockwise ride. No leader.

6:00 p.m. Variable Route, 2/D/20-25.

Usually a counter-clockwise Mt. Veeder loop, going out on Dry Creek Rd., and returning on Redwood Rd. Meet at Bicycle Works, 3335 Solano Avenue. Bring lights in the winter. During the winter and on rainy days, we will go on a less hilly ride (usually a Carneros loop). This is a no drop ride, for all levels. For more information, contact Dave Pruett at Bicycle Works, 707-253-7000.

Thursdays

9:00 a.m. Variable route, 3/A-E/40-50

Meet in the parking lot by the Ranch Market at the corner of Wine Country Ave and Solano Ave at 9:00 a.m. The ride will be 40-50 miles at an average speed of 18-21 mph. For more information contact Mark Lucas at [707-224-8873](tel:707-224-8873) or Ron Lemos at [707-294-2796](tel:707-294-2796).



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5:30 p.m. Variable route, 2-A/D-20/30.

This ride meets at Bicycle Works. The route will be determined by the group and the distance will be between 20 to 30 miles. Great warm up for the longer weekend rides. Lights will be needed during the winter months. This is a no drop ride and rain cancels the ride. For more information, contact Espen Jensen at [707-315-5114](tel:707-315-5114) or espenjensen@mac.com.

Fridays

8:30 a.m. Bike Friday, 1-2/A/10

Bike Friday is an easy, mostly flat ride to Yountville via Solano Avenue. There is a yak stop at the structure at the end of Solano Avenue in Yountville. Alternate routes are planned impromptu from there. Some ride up-valley, some return via Solano Avenue to Napa for coffee at Panera. The up-valley groups tend to ride a bit faster. Occasionally, a group will ride up to Hennessey and do the Lower Chiles Valley loop. Rain cancels. For more information, contact Doug Cleveland at 707-252-3985, or velobruin@att.net.

Link to [Eagle Cycling Club Ride Calendar](#)

Upcoming Centuries: For a list of the upcoming season's century rides, visit the following links:

<http://www.bbcnet.com/RideCalendar/default.aspx>

<http://www.bikecal.com/asp/century-result.asp>.

Ever wanted to lead a ride of your own? Now you can! We are always looking for more ride leaders, particularly for slower-paced family fun rides. For more info on scheduling a new ride, contact Doug Pettie at dap1000000@aol.com.

Other Rides

The following rides are not led nor sponsored by the Eagle Cycling Club. A listing here should not be taken as an endorsement of any particular ride.

"The Herd" Ride on Saturday and Sunday

This ride, not an Eagle Cycling Club ride, is attended by many of Napa's law enforcement cyclists, affectionately referred to as "The Herd". The ride varies in both route and length. Meet at 8:00 a.m. at Justin Sienna High School. For more information contact Ron Lemos at [707-294-2796](tel:707-294-2796).



As always, ride safely, and happy cycling!



WNW Ride from Bicycle Works

By TJ Perry



Congress Valley Rd. by Andre Garcia



Hill behind Artesa Winery showing evidence of the fire. You only have to travel up 1/8 of a mile to see where they stopped the fire. By Andre Garcia

President: Greg Stueland
Vice President: Jim Fitch
Treasurer: Richard Wenrick
Secretary: Chris Lougee
Co-Treasurer: Genny Fox
Webmaster: Nancy Tracy
Newsletter Editor: Andre Garcia
Ride Schedule Chair: Doug Pettie

Membership Chair: Bob Hillhouse
Skyline Park Representative:
T.J. Perry
Tour of Napa Valley Director:
David Williams
Cherry Pie Criterium Director:
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